

For Immediate Release

Embrace Summer Fun at Cafe Roma

Ma Wan's restaurant presents fun-filled entertainments and fantastic dining offers

Hong Kong, 2 Aug 2017 – Summer is gliding to an end and all kids are going back to school. It's time to make this summer full of unforgettable family fun! **Cafe Roma**, Ma Wan's all-time favourite beachside restaurant, will host an array of exciting fun and splendid dining offers that will truly amaze you.

1.) "Back to School Summer Yoga" Event

Cool off and get fit this summer with **Cafe Roma's** exclusive **"Back to School Summer Yoga" event**. On the evening of **29 August (Tuesday)**, families are invited to begin a spiritual wellness practice with a one-hour enlightening yoga class on the beach hosted by neighbourhood yoga instructor Vivian Guan. After sweating, families can sit together and enjoy a sumptuous dinner set that has been prepared exclusively for the occasion by celebrity chef **Jaakko Sorsa**.

Experience family yoga instructor, Vivian Guan, will kick start the afternoon with an interactive beach yoga class set against the majestic backdrop of the iconic Tsing Ma Bridge. Known for a mindful movement and breath approach, Vivian's class – which offers families a valuable bonding opportunity within an intimate, collaborative environment.

To guarantee a place at this exciting event, please sign up at <https://goo.gl/Y6QdUt>. Spaces will be allocated on a first come first served basis. Successfully registered participants will be required to pay an **event fee of HK\$400** to confirm their places. Get the best deal with early bird offer of HK\$380 if participants settle the payment before 18 August, 2017. All participants must bring their own yoga mat, water and towel on the event date.

Date: 29 August 2017 (Tuesday)

Time: 3:30pm – 4:30pm (Registration and yoga class)

Venue: Cafe Roma, L1, Shop 7&8, Beach Commercial Complex, Park Island, Hong Kong

Price: HK\$400 for 1 child aged 4+ and 1 adult (Additional HK\$150 for 2nd adult)

RSVP: <https://goo.gl/Y6QdUt>

Enquiry: www.facebook.com/caferoma.hk

Remarks: Child must be accompanied by at least one adult

2.) Kids Menu – Yummy Bites For Smaller Appetites

As a kids-friendly restaurant, Cafe Roma is offering **Kids' Menu** packed full of delicious and healthy meal options tailored especially to the taste buds of their youngest patrons. Cafe Roma's stunning beachside location allows children can play out on the Ma Wan Tung Wan Beach whilst waiting for their meal. Alternatively, the restaurant boasts an impressive range of beach toys, games and colouring activities to keep little ones entertained, making Cafe Roma the destination of choice for

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precious family time. Enter the **Roasted Chicken, Pumpkin, Tomato, Mozzarella & Couscous Salad** (HK\$68) appetizer. This colourful starter is loaded with fresh flavours and interesting textures, providing excellent nutrition benefits ideal for ensuring a balanced diet conducive to health. Alternatively, the **Green Salad** (HK\$68), with tomato, cucumber, mixed greens and fine olive oil, is a simpler option suitable for young palates just beginning their epicurean journey; the rustic nature of the dish truly allows the flavours of the fresh vegetables to shine as the stars of the salad. For mains, the **Grilled Sea Bass Fillet** (HK\$68), served atop a creamy Porcini mushroom risotto, nutrient-packed sautéed kale and a punchy bell pepper sauce, is fresh and filling, and a great way to sneak in those all-important omega-3 fatty acids.

Of course, eating out is often an occasion for a special treat, which is why Cafe Roma's Kids' Menu also includes some classic children's favourites. Order the **Spaghetti Bolognese** (HK\$68) topped with Parmesan or the **Margherita Pizza 11"** (HK\$68) to guarantee family hero status in the eyes of kids. For an indulgent end to your feast how about a family favourite dessert that is sweet enough to please both parent and child? The **Banana Split** (HK\$68) comes complete with Mövenpick chocolate and vanilla ice cream, chocolate sauce, whipped cream, and toasted almond flakes for an extravagant finish.

3.) Beer and Snacks Summer Combo

Wake up your taste buds on a summer vacation with our selected beer collections and snacks. Simply order one of the five selected beers and enjoy a combo discount of 50% off on Cafe Roma's all-time favourite snacks including Nachos, French Fries and Crispy Chicken Strips. Selected beers include Kagua Rouge, Vedett Extra Blond, Big Wave Bay IPA, Hong Kong Beer – Amber Ale and Tsingtao Beer for a discounted price of HK\$35 per bottle. The offer is only available between weekdays (Tuesday to Friday) and not valid on weekends and public holidays.

4.) Beer Picnic On The Beach

There is nothing important more than the fear of an empty beer glass! Due to that here we introduces our brand-new Beer Tower to all beer lovers. 2 Liters Asahi Beer Tower with a choice from 4 selected snacks, including Fantasy Pizza, Nachos, French Fries and Crispy Chicken Strips only at HK\$280 .Gather your friends and come on down to get your beer tower, best for sharing. An additional HK\$100 deposit will be charged with each beer picnic order, refundable upon return of the beer tower to the restaurant. The offer is only available between weekdays (Tuesday to Sunday) and not valid public holidays.

5.) Savour Every Drop Iced-coffee Promotion

Temperatures are starting to heat up at the outdoor area, but Cafe Roma is serving coolest Iced-Coffee which serves with coffee iced cubes, creating a richer taste within an hour of consuming a glass of coffee. What's more, enjoy 50% off on all coffee drinks from 3pm – 6 pm from August to September.

Where to find Cafe Roma:

L1, Shop 7&8, Beach Commercial Complex, Park Island, Hong Kong
Tel: (852) 3446 1226

Email: reservations@caferoma.com.hk

Web: www.caferoma.com.hk

Facebook: www.facebook.com/caferoma.hk

Instagram: www.instagram.com/caferomahk

Opening Hours:

Tuesday to Thursday: 1pm – 11pm

Friday: 1pm – 12am

Saturday: 12pm – 12am

Sunday: 12pm – 11pm

Monday: Closed

About Cafe Roma

Cafe Roma is an all-day beachfront dining cafe that serves European cuisine, based on fresh, quality ingredients with a kitchen team managed by Executive Chef Jaakko Sorsa, who also oversees **FINDS**, the first and only Nordic restaurant and bar in Hong Kong. Cafe Roma is proud to have the best spot on Park Island, being the only restaurant with the wooden deck and open air by the beach. It offers all-time favourites such as pizza, pasta, burgers, steaks and healthy salads, paired with a good selection of wines, beers, creative cocktails and fresh fruit juices at the bar. Cafe Roma is also kids-friendly, offering a full kids menu with healthy ingredients for families with children. Pets are also always welcome at the restaurant. Cafe Roma is perfect for a quiet meal alone, a romantic date or a gathering for family and friends. The friendly team at the restaurant also easily accommodates private events such as cocktails, birthday parties, kids' parties, wedding receptions and reunions.

About GR8 Leisure Concept Limited

Founded in 2004, **GR8 Leisure Concept** is an innovative hospitality group that owns and manages a portfolio of nine brands, consisting of hotels, restaurants, and bars across Hong Kong and China. **The Luxe Manor**, a surrealism-inspired boutique hotel located in Tsim Sha Tsui, was the first designer boutique hotel in Hong Kong. The property is home to the city's first authentic Nordic restaurant, **FINDS**, led by celebrity chef Jaakko Sorsa, and **Dada Bar + Lounge**, a contemporary variety club creatively reminiscent of the elusive Dada art movement. Also in Hong Kong is the group's charming beachside café, **Cafe Roma**, which boasts a premium spot by Tung Wan Beach in Ma Wan. **Hotel Soul** is the group's second hotel venture located in Suzhou, China, and is the region's first boutique hotel. The hotel features continental restaurant **Brasserie 101**, the hotel's signature Chinese restaurant **Ying Fook Court**, multifunctional banquet venue **Ying Fook Heen**, and the hotel's latest concept, **Bar Soul**, which brings a unique blend of retro and industrial elements to Hotel Soul.

For more details, please visit www.gr8lc.com.

About “Back to School Yoga” Event’s Yoga Instructor - Vivian Guan

Vivian Guan started her yoga practice since 2003, and it helped greatly in her recovery from health issues created by stress. Being greatly inspired by all the wonderful teachers, Vivian learned the

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value of awareness and ways to relax the body and restore the energy, that helped her to rebalance her life. Vivian became a certified yoga teacher in 2009, a prenatal yoga teacher in the same year, and in 2016, became a teacher for children and family yoga. She believes every asana is a moving meditation, every breath is the anchor to the present moment. Through mindful movement and breath, we find peace and joy in our body, mind and heart. Her classes offers a mindful base practice, but also packed with fun challenges. From 2016, Vivian started to teach children and family yoga. It is helping greatly to children and family to learn the ways to relax, reconnect, and find joy and peace in the busy life today.

For more details, please visit theyogalightstudio.com.

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High-resolution images can be downloaded here:

<https://goo.gl/nN66mc>



Cafe Roma



Ma Wan Tung Wan Beach



Event Poster



Family Yoga Expert Vivian Guan



Kids' menu



Beer and Snacks Summer Combo



Beer and Snacks Summer Combo/ Beer Picnic On The Beach Nachos



Beer and Snacks Summer Combo /Beer Picnic On The Beach French Fries



**Beer and Snacks Summer Combo
/Beer Picnic On The Beach
Crispy Chicken Strips**



Beer Picnic On The Beach



Savour Every Drop Iced-coffee Promotion